



Josh's Needlessly Cruel Fluency Test

Play with metronome at 90bpm and score yourself for each 2-bar test.



Actually played a wrong note.



Right notes after embarrassing hesitation.



Right notes but you second guess yourself.



Right notes confidently but metronome is enemy.



Right notes in time with metronome.

Josh's Needlessly Cruel Fluency Test

1 D-7 G7 Cmaj7 (Bb7 Alt.) Eb-7 Ab7 Dbmaj7 (B7 Alt.)

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Detailed description: This block contains the first line of the fluency test, measures 1 through 4. It is written on a single treble clef staff in 4/4 time. The first measure contains a D-7 chord, the second a G7, the third a Cmaj7, and the fourth an (Bb7 Alt.). A double bar line follows. The fifth measure contains an Eb-7, the sixth an Ab7, the seventh a Dbmaj7, and the eighth a (B7 Alt.). Below the staff, there are two groups of five stars: one under measures 2-4 and one under measures 6-8.

5 E-7 A7 Dmaj7 (C7 Alt.) F-7 Bb7 Ebmaj7 (Db7 Alt.)

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Detailed description: This block contains the second line of the fluency test, measures 5 through 8. It is written on a single treble clef staff. The first measure contains an E-7, the second an A7, the third a Dmaj7, and the fourth a (C7 Alt.). A double bar line follows. The fifth measure contains an F-7, the sixth a Bb7, the seventh an Ebmaj7, and the eighth a (Db7 Alt.). Below the staff, there are two groups of five stars: one under measures 6-8 and one under measures 2-4.

9 F#-7 B7 Emaj7 (D7 Alt.) G-7 C7 Fmaj7 (Eb7)

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Detailed description: This block contains the third line of the fluency test, measures 9 through 12. It is written on a single treble clef staff. The first measure contains an F#-7, the second a B7, the third an Emaj7, and the fourth a (D7 Alt.). A double bar line follows. The fifth measure contains a G-7, the sixth a C7, the seventh an Fmaj7, and the eighth an (Eb7). Below the staff, there are two groups of five stars: one under measures 10-12 and one under measures 6-8.

13 Ab-7 Db7 Gbmaj7 (E7 Alt.) A-7 D7 Gmaj7 (F7 Alt.)

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Detailed description: This block contains the fourth line of the fluency test, measures 13 through 16. It is written on a single treble clef staff. The first measure contains an Ab-7, the second a Db7, the third a Gbmaj7, and the fourth a (E7 Alt.). A double bar line follows. The fifth measure contains an A-7, the sixth a D7, the seventh a Gmaj7, and the eighth a (F7 Alt.). Below the staff, there are two groups of five stars: one under measures 14-16 and one under measures 10-12.

17 Bb-7 Eb7 Abmaj7 (F#7 Alt.) B-7 E7 Amaj7 (G7 Alt.)

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Detailed description: This block contains the fifth line of the fluency test, measures 17 through 20. It is written on a single treble clef staff. The first measure contains a Bb-7, the second an Eb7, the third an Abmaj7, and the fourth a (F#7 Alt.). A double bar line follows. The fifth measure contains a B-7, the sixth an E7, the seventh an Amaj7, and the eighth a (G7 Alt.). Below the staff, there are two groups of five stars: one under measures 18-20 and one under measures 14-16.

21 C-7 F7 Bbmaj7 (G#7 Alt.) C#-7 F#7 Bmaj7 (A7 Alt.)

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Detailed description: This block contains the sixth and final line of the fluency test, measures 21 through 24. It is written on a single treble clef staff. The first measure contains a C-7, the second an F7, the third a Bbmaj7, and the fourth a (G#7 Alt.). A double bar line follows. The fifth measure contains a C#-7, the sixth an F#7, the seventh a Bmaj7, and the eighth an (A7 Alt.). The piece ends with a double bar line and repeat dots. Below the staff, there are two groups of five stars: one under measures 22-24 and one under measures 18-20.

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1 D^{\sharp} $G7^{(b9)}$ $C-6$ $(Bb7 \text{ Alt.})$ $E^{\flat\sharp}$ $A^{\flat}7^{(b9)}$ $D^{\flat}-6$ $(B7 \text{ Alt.})$

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5 E^{\sharp} $A7^{(b9)}$ $D-6$ $(C7 \text{ Alt.})$ F^{\sharp} $B^{\flat}7^{(b9)}$ $E^{\flat}-6$ $(Db7 \text{ Alt.})$

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9 $F^{\sharp\sharp}$ $B7^{(b9)}$ $E-6$ $(D7 \text{ Alt.})$ G^{\sharp} $C7^{(b9)}$ $F-6$ $(Eb7 \text{ Alt.})$

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13 $A^{\flat\sharp}$ $D^{\flat}7^{(b9)}$ $G^{\flat}-6$ $(E7 \text{ Alt.})$ A^{\sharp} $D7^{(b9)}$ $G-6$ $(F7 \text{ Alt.})$

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17 $B^{\flat\sharp}$ $E^{\flat}7^{(b9)}$ $A^{\flat}-6$ $(F\sharp7 \text{ Alt.})$ B^{\sharp} $E7^{(b9)}$ $A-6$ $(G7 \text{ Alt.})$

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21 C^{\sharp} $F7^{(b9)}$ $B^{\flat}-6$ $(G\sharp7 \text{ Alt.})$ $C^{\sharp\sharp}$ $F\sharp7^{(b9)}$ $B-6$ $(A7 \text{ Alt.})$

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